



# Mafia Tri Tabloid

2009/2010 SEASON

ISSUE: # 5

## CLUB CONTACTS

President  
Steve Arthur

Vice President  
Craig Peebles

Treasurer  
Evan Primmer

Secretary  
Jo Chivers

Club Captains  
Blair Tupp  
Megan Arthur

Fund Raiser  
Paula Ward

Publicity & Sponsorship  
Keith Webber

Twilight Tri Series  
Annemaree Johnston

Website  
[www.mafiatriclub.co.nz](http://www.mafiatriclub.co.nz)

## ORCA KARAPIRO HALF IRONMAN

| Name            | Swim  | Bike    | Run     | Finish  |
|-----------------|-------|---------|---------|---------|
| Kieran Powell   | 28:02 | 2:28:15 | 1:34:35 | 4:30:52 |
| Michael Holland | 42:10 | 2:40:56 | 1:52:13 | 5:15:19 |
| Evan Primmer    | 38:15 | 2:58:46 | 1:38:40 | 5:15:41 |
| Keith Webber    | 41:38 | 2:57:51 | 1:49:08 | 5:28:37 |
| Gordon Speirs   | 52:32 | 3:31:10 | 1:43:19 | 6:07:01 |

Congratulations to all our Club Members who competed in the Orca Half Ironman over the weekend. Some awesome performances including a 6th place by Kieran Powell and an age group win.

Also competing in teams were Paula Ward who gained 4 places for her team in an awesome run time of 1:37:17 and Blair Tupp who did the 2nd fastest bike time in the Mens Team division 2:34:20



## WAIUKU MULTI-SPORT EVENT

*By Lynley Tulloch*

I entered as a two women team - our professional name is Lemon (Lynley) Meringue (Megan) and we have competed together in quite a few multi -sport events. Occasionally we have a Custard (Cathy) Tart in there too but we won't go there. There is a battle over who get the tart title you see.

After Meringue did the first cycle very sweetly and effortlessly I took on the next leg. I did a 12km kayak into a head wind in a kayak that would not steer (nothing at all to do with my handling you understand) . The water was also very choppy and the weed was thick - but I bravely endured as always. There were many duck shooters along the way that took occasional aim - which I expertly manoeuvred my dodgy kayak from. That is why I have the sour lemon title - it is to do with my harshness in the face of adversity. Once I elegantly swanned into the kayak landing, Meringue removed my transponder and took off on her mountain bike. I watched her leave transition satisfied we were well in the lead

of the two women team category ( a very very competitive niche) .

I don't know what happened on the mountain bike - it may be best left unexplored-but poor Meringue eventually arrived back at the next transition somewhat sunken and shrivelled with a swollen bruise and blood pouring from her leg. I sourly yanked the transponder from her with admonishments that she took so long. Heading off on my run , which I was told five minutes before leaving was now 16.1 km instead of the expected 12 km - as we had to go past one of the sponsors (Castaways Restaurant and wedding venue) . I avoided the wedding party or giving any marriage advice and carried on through. I didn't even book my own future wedding . I just kept on running. Funny how people were yelling "run forest run" . I ran over paddocks, through a beach , around a pine forest past a few competitors with a smug look, onto the road and home to victory .

Lemon Meringue rules again!

# Twilight Club Race Results Wednesday 11th November

|                   |         |                |           |
|-------------------|---------|----------------|-----------|
| KEIRAN POWELL     | 0:42:25 | CRAIG PEEBLES  | 1:01:02   |
| LIAM FINLAY-YATES | 0:49:53 | ANITA CUTHBERT | 1:02:05   |
| ANDREW TURNBULL   | 0:54:03 | KATE TURNBULL  | 1:02:24   |
| GRANT BUDD        | 0:55:09 | MITCH COLLINS  | 1:03:05   |
| BLAIR TUPP        | 0:55:51 | PAULA WARD     | 1:03:15   |
| MARK THOMAS       | 0:56:19 | MEGAN ARTHUR   | 1:03:34   |
| EVAN PRIMMER      | 0:56:44 | CAM STENT      | 1:03:53   |
| MICHAEL HOLLAND   | 0:57:56 | TIM JACKSON    | 1:03:57   |
| BRENDAN BRIER     | 1:00:47 | GORDON SPEIRS  | 1:04:42   |
| WARREN PERRY      | 1:00:51 | HANNAH TAYLOR  | 1:14:20   |
|                   |         | MALCOLM FRAZER | SWIM/BIKE |

## ADDIDAS EYE WEAR - SPOT PRIZE

Don't forget, every Twilight Mini-Tri you compete in will give you an entry to win a pair of Addidas Eye Wear kindly sponsored by Cycle Time. One pair will be drawn at the Twilight Mini-Tri on Wednesday 16th December. You must be present to claim the prize.

## ROUND THE BRIDGES

A huge turnout to the 65th Round the Bridges Run on Sunday with a field of approximately 4,600. A few spits of rain at the start line eased and was replaced by some strong winds and hot sunny spots.

A great event for Hamilton bringing in many talented runners from all over NZ. A large number of our Club Member and

affiliates competed including -

|                 |         |
|-----------------|---------|
| Bevan Littler   | 43:07   |
| Duncan Taggart  | 49:15   |
| Graham Dudfield | 55:27   |
| Megan Arthur    | 58:06   |
| Hannah Taylor   | 1:11:50 |
| Mary Reed       | 1:21:05 |

*Apologies if I missed anyone, there were a fair few names to sort through.*

## Upcoming Events

### Hamilton Mafia Tri Club

Twilight Tri Series  
25 November 2009  
Braithwaite Park, Pukete.  
5.30 registration, 6.00pm start

### Cycling Training

Alternate Wednesday from Tri Club  
Cycle Track @ 6pm  
Cnr Cambridge Rd & Dey St  
Hamilton East

### Hamilton City Hawks

Every Tuesday evening  
5km Run/Walk  
Eastside Tavern, Grey St  
5.30 registration (\$6), 6pm start

### Contact Tri Series

Blue Lake, Rotorua  
Sunday 22nd November 2009  
[www.triathlon.org.nz](http://www.triathlon.org.nz)

### Lake Taupo Cycle Challenge

Saturday 28th November  
[www.cyclechallenge.com](http://www.cyclechallenge.com)

### Rotorua Half Ironman

Blue Lake, Rotorua  
Saturday 19th December 2009  
[www.half.co.nz](http://www.half.co.nz)

### MtMaunganui Mountain Race

26th December 2009  
2.30pm

### Eves Surf Breaker Triathlon

Monday 28th December 2009  
Entry Forms on our website

### Marton Half Ironman

31st January 2010  
\*\*\*\*\* Only \$75 Entry Fee \*\*\*\*\*

### Eves Blue Lake Multi-Sport Festival

Blue Lake, Rotorua  
30th-31st January 2010  
[www.rats.org.nz](http://www.rats.org.nz)

### Real Women's Duathlon

Ruakura, Hamilton  
Sunday 22nd February  
[www.realduathlon.co.nz](http://www.realduathlon.co.nz)

## Thanks To Our Sponsors:



Advantage Tyres  
87 Kahikatea Drive  
Hamilton



Cycle Time  
Cnr Kahikatea Dr & Latham Ct  
Hamilton



SBS Bank  
Novotel Building  
134 Victoria Street  
Hamilton



The Shoe Clinic  
Victoria Street  
Hamilton

## Want to blow off that Christmas Lunch?

Head over to MtMaunganui on Boxing Day for the Mountain Race. Starts at 2.30pm on the beach entry is \$20

If you have any information or news items you'd like to share, please send it to: [meganarthur@xtra.co.nz](mailto:meganarthur@xtra.co.nz)  
To view all the latest news, information, photos and results please visit our website: [www.mafiatriclub.co.nz](http://www.mafiatriclub.co.nz)