



Mafia Tri Tabloid

2009/2010 SEASON

ISSUE: #8

(31/12/09)

CLUB CONTACTS

President
Steve Arthur

Vice President
Craig Peebles

Treasurer
Evan Primmer

Secretary
Jo Chivers

Club Captains
Blair Tupp
Megan Arthur

Fund Raiser
Paula Ward

Publicity & Sponsorship
Keith Webber

Twilight Tri Series
Annemaree Johnston

Website
www.mafiatriclub.co.nz

ROTORUA HALF IRONMAN

What a windy day we had at the Rotorua Half on the 19th December. The Blue Lake was very choppy making the swim out particularly difficult. The wind didn't get any better out on the bike, heading out from the Blue Lake onto TeNgae Road then out toward Whakatane to Lake Rotoma we had a cross tail wind, then on the way home a cross head wind making the Tikateri hill and the Blue Lake hill climb tough going. Out on the run with temperatures rising up to about 25° and some parts of the run very sheltered it got stifling hot, keeping hydrated was a must.

Some highlights of the day included Blair Tupp winning the Junior Clydesdale (90kg-100kg) section, Michelle Jamieson completing her first Half Ironman and loving it, Paula Ward taking 5 minutes off her swim time from last year, Wendy Pomeroy has been hampered by injury and entered as a team and completed the swim & bike leg and Megan Arthur finishing in under 6hrs.

It was a huge day especially with the wind, but we got there in the end and with very rewarding results.



Michelle & Wendy ready to go (Freezing!!!)



Blair entering transition



Paula heading out on the bike



Blair entering transition



Wendy entering transition finishing bike



Michelle starting the 21km run



Blair through the lake track



Paula coming onto the sand



Megan through the lake track

MTMANGANUI EVENTS

The warm weather made for a hot run up MtMaunganui on Boxing Day at 2.30pm and a huge turnout with 142 people out there working off their Christmas lunch. Lynley & Megan were there along with a few Hamilton City Hawkes to get the legs & lungs burning on the 4.5km race to the top and back and as if that wasn't enough the run along the beach at high tide finished it off.

The Eves Surfbreaker Triathlon once again featured some top NZ triathletes and celebrated its 25th Anniversary. Our Club featured well with Libby Finlay-Yates coming in 4th female overall and winning the Under 19's and Blair Tupp took 3rd place in the 30-39 Mens. Also competing was Liam Finlay-Yates who was one of the youngest competitors, Paula Ward & Megan Arthur.

RESULTS

ROTORUA HALF IRONMAN 19TH DECEMBER

Name	2km Swim	90km Bike	21km Run	Finish
Blair Tupp	39.10	2.53.54	1.48.57	5.22.01
Megan Arthur	36.44	3.05.41	2.15.36	5.58.01
Paula Ward	51.38	3.30.56	2.09.45	6.32.19
Michelle Jamieson	45.39	3.26.49	2.31.00	6.43.28

EVES SURFBREAKER TRIATHLON 750 / 16 / 5 - 28TH DECEMBER

Blair Tupp	0.58.55
Libby Finlay-Yates	0.59.40
Liam Finlay-Yates	1.03.16
Megan Arthur	1.05.28
Paula Ward	1.10.35

MTMAUNGANUI MOUNTAIN RACE 4.5km RUN - 26TH DECEMBER

Megan Arthur	31.47
Lynley Tulloch	32.07

CONTACT NATIONAL SCHOOLS TRIATHLON CHAMPIONSHIP

This event is being held again at Lake Karapiro on Thursday 25th March 2010. If you can go along and support some of our young up and coming Triathletes. More information available on www.triathlon.org.nz

TRINZ COMPETITION

For those of you who have joined our club, you will have also been joined to Triathlon NZ. As a TriNZ member you can enter this competition and go in the draw to win a \$260 ASICS SHOE VOUCHER to get the latest Asics running shoes. All you need to do is be a current Tri NZ member and email the correct answer to the below question to admin@triathlon.org.nz and you are in the draw.

Question: Where is the next Contact Tri Series event being held?

Note: Answer can be found at www.triathlon.org.nz

Entries Close: 14th January

Upcoming Events

Hamilton Mafia Tri Club

Twilight Tri Series
13th January 2010
Braithwaite Park, Pukete.
5.30 registration, 6.00pm start

Cycling Training

Alternate Wednesday from Tri Club
Cycle Track @ 6pm
Cnr Cambridge Rd & Dey St
Hamilton East

Hamilton City Hawks

Every Tuesday evening
5km Run/Walk
Eastside Tavern, Grey St
5.30 registration (\$6), 6pm start

Contact Energy Tri Series

Whangamata
3rd January 2010
www.triathlon.org.nz

Marton Half Ironman

31st January 2010
***** Only \$75 Entry Fee *****

Raglan Sea to Sand Tri

30th January 2010
www.seatosand.org.nz

Eves Blue Lake Multi-Sport Festival

Blue Lake, Rotorua
30th-31st January 2010
www.rats.org.nz

Triaction Womens Tri

MtMaunganui, 1st February 2010
www.triathlontauranga.org.nz

The Rev Cycle Festival

Hamilton, 20th February
www.therev.co.nz

Real Women's Duathlon

Ruakura, Hamilton, 22nd Feb
www.realduathlon.co.nz

Ironman New Zealand

Taupo
Saturday 6th March 2010

Auckland Half Ironman

20th March 2010
www.aucklandhalf.co.nz

Bayfair Triathlon

MtMaunganui, 21st March 2010
www.triathlontauranga.org.nz
This event also doubles as our Club
Champs Race

Club Dinner & Prize Giving

Date to be advised

Thanks To Our Sponsors:



Advantage Tyres
87 Kahikatea Drive
Hamilton



Cycle Time
Cnr Kahikatea Dr & Latham Ct
Hamilton



SBS Bank
Novotel Building
134 Victoria Street
Hamilton



The Shoe Clinic
Victoria Street
Hamilton

If you have any information or news items you'd like to share, please send it to: meganarthur@xtra.co.nz
To view all the latest news, information, photos and results please visit our website: www.mafiatriclub.co.nz